

COVID - 19 Safety Plan for: N&H Contracting

Assess Risks

The virus that causes COVID - 19 spreads in several ways. It can spread in droplets when a person coughs or sneezes. It can also spread if you touch a contaminated surface and then touch your face.

The risk of person to person transmission increases the closer you come to other people, the more time you spend near them, and the more people you come near.

The risk of surface transmission increases when many people contact the same surface and when those contacts happen over short periods of time.

At risk areas for our staff include;

- Lunch room
- Vehicles
- Sharing of tools
- Rear shop door
- Occupied homes
- Job sites with multiple trades

Office Staff

- Coffee station
- Plan table (Cole's office)
- Front desk area
- Lunch room

Safety Protocols to reduce risks

1. Wash or sanitize hands upon entering the office or job site
2. Keep a mask in your possession at all times
3. Continue with good hygiene practices
4. Recognize posted occupancy limits for all rooms
5. Keep a 2m distance whenever possible

Carpenters & Trades

Avoid sharing tools, or working in close proximity to other trades.

A mask is required when;

- Entering the office
- Sharing a vehicle
- Working in close proximity with a coworker (less than 2m)
- Any time the floor or room you are working in has another occupant
- Working in an occupied home

Office Staff

- Entering, or leaving the office
- When a co worker or client enters your office
- When walking in a communal space
- At any point that you are not seated, at your desk.

Policies

Our workplace policies ensure that workers and others showing symptoms of COVID - 19 are prohibited from the workplace;

- Anyone who has had symptoms of COVID-19 in the last 10 days must self isolate at home.
- Anyone who has been identified by Public Health as a close contact of someone with COVID - 19
- Anyone directed by Public Health to self-isolate
- Anyone who has arrived from outside Canada must self isolate for 14 days
- Visitors are limited in our workplace

Other policies

- First aid attendants have been provided OFAA protocols for use during COVID
- Sick workers must report to first aid, even with mild symptoms
- Sick workers are asked to wash or sanitize their hands, have a mask, and isolate. Please go straight home if you have symptoms
- Anyone severely ill (chest pain) is to call 911
- Clean and disinfect any surfaces the ill worker has contacted
- Familiarize oneself with Bill 23, Mandatory masks in workplaces.